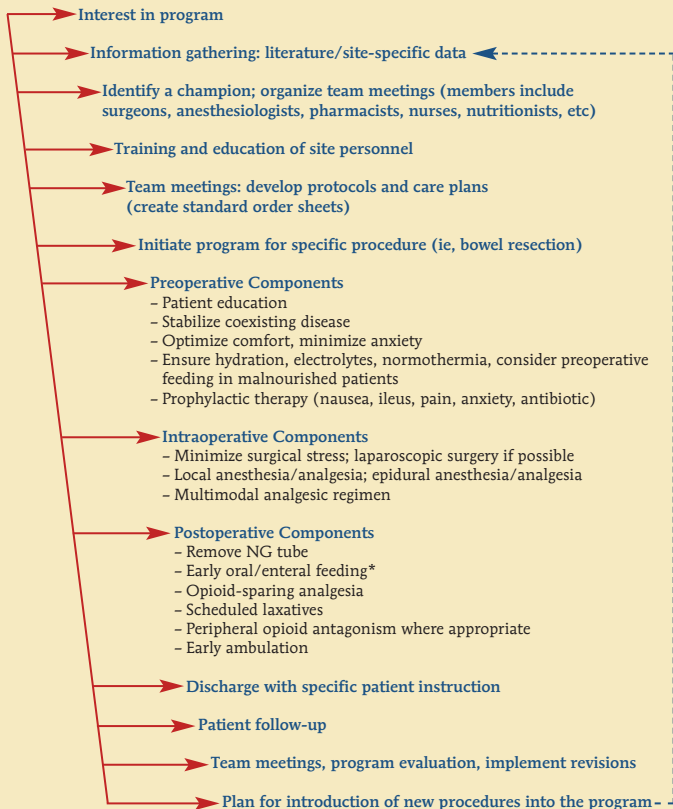




# The Evolving Multimodal Management Plan for Postoperative Ileus

APPLICATIONS IN PRACTICE: POI REFERENCE CARD

## Implementation of a Multimodal Program



\*Sham feeding, such as gum chewing, may be an option for patients who are not able to tolerate an oral diet; however the data are not definitive

Adapted from Kehlet H, Wilmore D. *Ann Surgery*. 2008;248(2):189-198.



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APPLICATIONS IN PRACTICE: POI REFERENCE CARD

## Multimodal Approach Check List

Multidisciplinary team review of procedures for implementation of a multimodal/fast-track approach

**Preoperative Measures**

- Patient education
- Medications
- Pain/Anxiety
- Nausea
- Ileus

**Intraoperative Measures**

- Surgical technique
- Anesthetic/Analgesic
- Route of administration

**Postoperative Measures**

- NG tube
  - Early removal or selective use
- Early oral/enteral feeding
- Early ambulation
- Descriptive pain scales employed
- Analgesia
  - Type
  - Route of administration
- Treatment for ileus

**Outcomes**

- Duration of postoperative ileus
- Time to oral intake/tolerating diet
- Pain scores/use of analgesia
- Time to first bowel movement
- Length of hospital stay
- Rehospitalization

Overall, do you feel that a multimodal approach was implemented for this patient?

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